



Week of 1/18 to 1/24/21!!!!

BURN 30 BOOT CAMP

www.busybodyfitnessseastboca.com

CLUB HOURS

Monday - Thursday: 5am-10pm

Friday: 5am- 9pm

Saturday: 7am - 7pm

Sunday: 7am - 5pm

561-367-3542

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:30am BURN 30 BOOT CAMP w/Niko or Coach B	5:30am BURN 30 BOOT CAMP w/Niko or Coach B	5:30am BURN 30 BOOT CAMP w/Niko or Coach B	5:30am BURN 30 BOOT CAMP w/Niko or Coach B	5:30am BURN 30 BOOT CAMP w/Niko or Coach B	8:00am BURN 30 BOOT CAMP w/Niko or Coach B	OPEN RESERVE NOW
6:30am BURN 30 BOOT CAMP w/Niko or Coach B	6:30am BURN 30 BOOT CAMP w/Niko or Coach B	6:30am BURN 30 BOOT CAMP w/Niko or Coach B	6:30am BURN 30 BOOT CAMP w/Niko or Coach B	6:30am BURN 30 BOOT CAMP w/Niko or Coach B	9:00am BURN 30 BOOT CAMP w/Niko or Coach B	
7:30am BURN 30 BOOT CAMP w/Niko or Coach B	7:30am BURN 30 BOOT CAMP w/Niko or Coach B	7:30am BURN 30 BOOT CAMP w/Niko or Coach B	7:30am BURN 30 BOOT CAMP w/Niko or Coach B	7:30am BURN 30 BOOT CAMP w/Niko or Coach B	10:00am BURN 30 BOOT CAMP w/Niko or Coach B	
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7:00pm OPEN RESERVE NOW	7:00pm OPEN RESERVE NOW	7:00pm OPEN RESERVE NOW	7:00pm OPEN RESERVE NOW	7:00pm OPEN RESERVE NOW		
OPEN RESERVE NOW	OPEN RESERVE NOW	OPEN RESERVE NOW	OPEN RESERVE NOW	MAXIMUM 9 PEOPLE PER CLASS MUST CALL THE DAY BEFORE CLASS (BEFORE 4PM) TO RESERVE YOUR SPOT IN CLASS 561-367-3542		